

# Adult Tennis & Pickleball Programs at Hawks Cay Resort



## TENNIS CLINICS

### **Tennis 101 Monday and Wednesday 11:00am-12:00pm**

Designed for beginner adults, Tennis 101 is a class that will provide you with the basic skills and knowledge to move forward with confidence in our tennis program. This class is a great opportunity for those who have never played tennis before and are interested in a lifetime sport!

*Member: \$25, Non Member \$35*

### **Tennis Drill & Play Clinic Monday-Thursday 10:00-11:00am, Saturday 9:00-10:00am**

These open clinics will consist of doubles based instruction, drills, fun games and live point play. Each day will consist of a different theme. These clinics are a great way to hit a lot of balls and improve your game!

*Member: \$25, Non Member \$35*

### **Tennis Round Robin Thursday 3:30-5:00pm**

These weekly tennis round robin sessions are a great way to get some match practice in, they will be played in a doubles format and you will play with different opponents and partners throughout the session. Players must be able to serve, rally and score to participate. These clinics are a great way to hit a lot of balls and improve your game!

*Member: \$20, Non Member \$30*

### **Cardio Tennis Wednesday and Friday 8:00-9:00am**

Take your cardio routine out of the gym and onto the tennis court! Cardio tennis is a great workout for players of all abilities. Join our pros for a series of feeding, footwork drills and fast-paced games.

*Member: \$25, Non Member \$35*



## PICKLEBALL CLINICS

### **Pickleball 101 Monday and Wednesday 12:00-1:00pm**

Designed for beginner adults, Pickleball 101 is a class that will provide you with the basic skills and knowledge to move forward with confidence in this rapidly growing sport! This is a great opportunity for those who have never played pickleball before and are looking for a clear path to begin their journey.

*Member: \$20, Non Member \$25*

### **Pickleball Drop In Clinic Monday-Thursday 9:00-10:00am, Saturday 10:00-11:00am**

Our pickleball open clinics are a great way to improve and learn at the fastest growing sport in the country. Our clinics will each feature a different theme with the drills and instruction being based around that theme!

*Member: \$20, Non Member \$25*

### **Pickleball Round Robin Friday 9:00-10:30am**

Pickleball round robins are a great way to improve your match play and put the skills learnt in clinics/lessons into practice, also a good way to meet other pickleball minded people!

*Member: \$10, Non Member \$15*

Register on the App:



24 Hour Cancellation Policy:

Any cancellations must be communicated within 24 hours in advance. Failure to do so, will result in a full charge.



For more information, contact Patrick Castronovo at  
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